



Southern Health
NHS Foundation Trust



FREE Training for GPs in ASPERGER'S

As required under
The Autism Act, 2009

Adults, Young People & Children with Asperger's Syndrome (AS) or High Functioning Autism (HFA)

Available for delivery to Practices, Practice Clusters or Localities by arrangement

Session length negotiable to suit; Preferred Session: 2 hours

Dr Sally Powis, Southern Health
&
Autism Oxford Training Team
(male and female trainers on the autism spectrum)

- 1 person in 100 is autistic
- Estimate: 4,500 people with AS/HFA ages 14 and over in Oxfordshire
- All GPs have patients with AS/HFA; many are undiagnosed adults

This training is designed to equip Oxfordshire GPs with **practical knowledge for recognising and dealing with patients with AS/HFA**

Content:

- Understanding High Functioning Autism & Asperger's syndrome
- The reality of living with autism
- Practical strategies for a GP surgery appointment: what GPs can offer
- Mental health issues in AS/HFA
- The Oxfordshire Autism Alert Card Scheme
- Autism Care Pathway – patient referrals
- Sources of further information or advice

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